



	Skier	
Turn		Twister
	X-it	
Backw. Cross		Body Bounce

	Caboose	
Can Can		Crugar
	Double Under	
Push Up		Side Cross

	Split	
AS		CL
	EB Toad	
EB		Elefant

	Frog	
Open Cross D. U.		Side Cross D.U.
	Toad	
TS		